

Winter Studio Schedule: February to April 2017

Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
		Privates/open to all instructors				Privates/open to all instructors					
7:30	Class with Betty	8:00	7:30		7:30	7:30	7:30	7:30			
8:30	Class with Betty	9:30	8:30		8:30	8:30	8:30	8:30	Class with Betty		
9:30	Class with Janet		9:30	Class with Janet FULL	10:00	10:00	10:00	10:00	Class with Betty FULL		
10:30	Led Class with Janet - Gentle Pilates FULL	11:00	10:30		11:00	11:00	11:00	11:00	Class with Betty		
11:30		12:00	11:30	Class with Janet FULL	12:00	12:00	12:00	12:00			
12:00		1:00	1:00		1:00	1:00	1:00	1:00			
1:00	Class with Betty	2:00	2:00		2:00	2:00	2:00	2:00			
2:00		3:00	3:00	Class with Betty FULL	3:00	3:00	3:00	3:00			
3:00	Class with Betty FULL	4:30	4:00	Class with Betty	4:00	4:00	4:00	4:00			
		5:00	5:00		5:00	5:00	5:00	5:00	Class with Monique FULL		
		6:00	6:00	Led Class with Janet FULL	6:00	6:15	6:15	6:00	Led Class with Monique		