

Upcoming Workshops 2016

Phase 4 Ortho-Bionomy: July 23 & 24, 2016 in Kelowna BC Discover Spontaneous Healing

Phase 4 is where Ortho-Bionomy begins; this is a foundation class that will cover the history, philosophy and concepts of Ortho-Bionomy. You will learn a basic understanding of the release techniques for each major joint in the body. The techniques are comfortable for the client and easy on the practitioner. They stimulate the inherent self corrective reflexes of the body, resulting in the release of muscular tension, a reduction in overall stress, normalization of structural alignment and a sense of internal balance for the client.

Phase 4 Ortho-Bionomy (Extremities): August 13 & 14, 2016 in Kelowna BC (CEC's available for RMT's)

This foundation class will cover the history, philosophy and concepts of Ortho-Bionomy. In this Phase 4 class you learn the release techniques as above with an emphasis on the extremities, e.g. hands, feet, elbows and knees. The techniques are comfortable for the client and easy on the practitioner.

Cost is \$350.00 or \$325.00 for OBAC members

Class Instructors: Peggy Oud, Marie Long

Time: 9-5 each day

Deposit: 100.00 deposit by June 1st to reserve your spot!

A Residential Retreat in a Casual Country Setting: Sept 22 to 26, 2016

An Ortho-Bionomy Residential training program creates a unique environment for learning, expanding self awareness and gives an uninterrupted opportunity for study in the concepts, principle and techniques of Ortho-Bionomy. This will be a unique Residential experience that caters to your aspirations in Ortho-Bionomy training. Deepen your understanding through the practice of the principles of Ortho-Bionomy and enjoy the community of like-hearted people. *This Residential Retreat can include 16 units of Phase 6. All meals and snacks are included, with consideration for those with special diets. The space is limited; we recommend that you reserve early to ensure your spot!*

Hosted by: Aspen Grove Country Resort~20 minutes from Vernon BC

Cost is 1250.00 if registered before August 1, 2016 ~ 1350.00 after August, 2016

With Marie Long and Peggy Oud

Deposit \$600.00 By August 1st to ensure a spot

For More Information or Registration please contact:

Peggy Oud at peggyoud@shaw.ca or 250-3175

Marie Long at marielong@shaw.ca or 250-542-0763

or

Check our website calendar for all workshops: www.ortho-bionomy.ca