



## A VISITING SCHOLAR EVENT

Sponsored by the Institute for Healthy Living and Chronic Disease Prevention

# Integrating physical activity into cancer care: *moving ahead, sitting down, or standing still*

PRESENTER:

**Catherine Sabiston, PhD**

Canada Research Chair in Physical Activity and Mental Health;  
Professor, Faculty of Kinesiology & Physical Education, University of Toronto

**ABSTRACT:** Key physical activity guidelines for cancer survivors will be discussed and challenged. The benefits of physical activity (and reduced sedentary) behaviour, evaluations of community physical activity initiatives and programs, and the direction of cancer care within the context of physical activity will be presented.

**Tuesday, October 3, 2017, 12:30—2:00 pm PST**

**RHS 260 LT, Reichwald Health Sciences, 1088 Discovery Ave., UBC Okanagan**

**FREE AND OPEN TO THE PUBLIC**

**EVERYONE IS WELCOME**

To attend in person or via webinar, please REGISTER to:

<http://csabiston.eventbrite.ca>



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Chronic Disease Prevention**

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