

Fall Studio Schedule: September/October 2016

Monday		Tuesday		Wednesday		Friday				Saturday	
		Privates/open to all instructors									
7:30	Class with Betty	8:00		7:30		7:30		7:30			
8:30	Class with Betty FULL	9:30		8:30		8:30		8:30	Class with Betty or Peggy FULL		
9:30	Class with Janet FULL			9:30	Class with Janet FULL	10:00		10:00	Class with Betty or Peggy FULL		
10:30	Led Class with Janet – Gentle Pilates FULL	11:00		10:30		11:00		11:00	Class with Betty or Peggy		
11:30		12:00		11:30	Class with Janet	12:00		12:00			
12:00		1:00		1:00		1:00		1:00			
1:00	Class with Betty	2:00		2:00	Class with Betty	2:00		2:00			
2:00	Class with Betty	3:00		3:00	Class with Betty	3:00		3:00			
3:00	Class with Betty	4:30	Class with Betty	4:00		4:00		4:00			
		5:00		5:00		5:00	Class with Peggy FULL	5:00			
		6:00	Led Class with Janet	6:00		6:00		6:00			